



2019 Book of Business Summary

We help our clients achieve higher levels of workplace wellness success than ever before!

These are the results that prove it. For a complete copy of our Book of Business Report, email tboyd@wcusa.com.

Wellness Coaches, the largest national provider of onsite wellness coaches, is pleased to release our 2019 Book of Business Outcomes Report. Our report is unique in the workplace wellness space. Unlike many providers, we did not cherry pick our best results. We are not just showing you favorable results for those who participated or engaged. Our report reflects the aggregate outcomes our onsite model has achieved for every employee working at every customer location we have ever serviced.

Keys to Our Success



Turnkey

Easy to implement, not disruptive.



Engagement

Coach your entire workforce.



Face to face

In person interaction builds the kind of trust that drives results.



Easily accessible

Reach employees right where they work.



Integration

Leverage all wellness or injury prevention programs already in place.



High satisfaction

95% of employees extremely satisfied with coaching experience.

Much More Than Onsite Wellness Coaching



2,100,000 BIOMETRIC TESTS PERFORMED



890,000 INJURY PREVENTION COACHING SESSIONS



110,000 REMOTE COACHING SESSIONS



203,000 FAMILY COACHING SESSIONS



1,000'S OF CUSTOMIZABLE PROGRAMS

Blueprint for Success (without incentives)



1 Engage Employees

Employee engagement is important, but it's not enough. While 86% of employees did utilize our coaches, and we did coach them a lot, engagement is just the first step on the path towards success. We are just getting started!

Our Report Covers

- **1,000+** employer locations in 35 states
- **400,000** eligible employee lives
- **86%** or **342,000** employees coached
- **20** coaching interactions per employee
- Over **6.7 million** total onsite coaching interactions

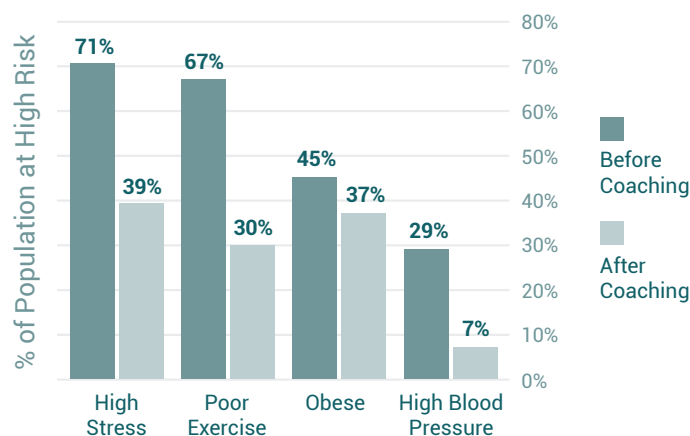
2 Coach Employees a Lot!

Our results show that the more often employees are coached, the more risks are improved. Thus, the more coaching the better.



3 Population Risk Reduction

We coach employees often and reduce a ton of risk. This results in a substantial shift in the risk profile for the entire population. It is at this point employees can begin to move the needle.



4 Costs Will Follow Risks

Once an employer combines high engagement with massive risk reduction, they can truly begin to bend the cost curve. And the coached population far outpaces those not coached.

