



Engage. Inspire. Thrive.



Return to Work Services

As we all begin to transition back to work, Wellness Coaches is working around the clock to offer key COVID-19 related services and support to help protect everyone's health and well-being. Below you will find a list of our most popular solutions.

★ COVID-19 Testing

- **Antigen Testing**
 - Results in 15 minutes
 - Onsite or Mobile Lab
- **PCR Test**
 - Onsite administered by nurses
 - At-home test kits also available
- **Serology (Antibody) Test**
 - Onsite administered by nurses
 - Lab vouchers also available

★ COVID Compliance Officer

- Integrates into your existing teams and processes to support onsite health and safety
- Employee and site compliance with CDC and state guidelines, COVID exposure and testing, PPE, hygiene and sanitation, social distancing
- Monitoring, tracking and reporting site COVID statistics, PPE inventory, and more
- Develop and implement best practices
- Lead organizational meetings and trainings for COVID guidelines

★ Temperature Screenings

- **Onsite Temperature Screenings** – Provided by technicians or nurses in full personal protective equipment delivering no-touch screenings via thermogun
- **Virtual Daily Symptom Tracker** – Web-based with employer notification and reporting. Daily questionnaire takes less than a minute to complete
- **Advanced Thermal Imaging Kiosk** – Compact design, simple set-up, screens employees in 2-3 seconds

★ Onsite Nursing Services

- COVID compliance and screenings
- Develops protocols for symptom identification and management
- Provides healthcare guidance, counseling and education
- Reviews employee lab and biometric testing results
- Triage care, CPR & First Aid
- Any other customized healthcare needs

Pricing – Return to Work Services

Wellness Coaches Solution	Pricing
COVID Compliance Officer & Nursing Services	\$65 to \$85/hour
COVID-19 Testing <ul style="list-style-type: none"> • Antigen Test • PCR Test - Onsite • PCR Test - At Home • Serology (Antibody) Test 	Contact us for details \$150-\$200 per test \$135 per kit \$85/test onsite; \$75/test with voucher
Temperature Screenings <ul style="list-style-type: none"> • Onsite Screenings • Virtual Daily Symptom Tracker • Advanced Thermal Imaging Kiosk 	\$55 to \$65/hour \$1.50-\$3.00 PEPM \$3,500 per unit

Contact Us For More Information: rputnam@wcusa.com or 215.628.4454 x16



**Wellness
Coaches™**

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Continuing Care Services

Providing resources to support continued care for employees after their return to work will be key to helping everyone stay healthy and safe.

★ Wellness Coaching (Onsite and Virtual)

- Healthcare professional providing critical behavior change coaching to improve the overall well-being of your population by reducing employee health risks and workplace injuries.
- Coaches provide support for physical activity, weight management, tobacco cessation, blood pressure, stress management, and resiliency for healthier habits.

★ Nutrition Services (Onsite and Virtual)

- Registered Dietitians providing evidence-based Nutrition Counseling and condition management.

★ HealthyWays Virtual Coaching Platform

- **HealthyWays customizable platform**
Wellness resources, wearable device syncing, chat with your Coach, incentive management and reporting.
- **Private video sessions with a Wellness Coach**
Confidential, HIPAA protected 1-on-1 sessions with your Wellness Coach.

★ Biometric Screenings

- A simple screening process for our clients. Onsite screenings, offsite screenings and physician submission services. Lab vouchers also available.

★ Flu Shots

- Influenza vaccine provided onsite by registered nurses. Lab vouchers also available.

★ Group Engagement Activities

- Group support for committing to personal well-being, and available virtually or onsite.
- Topics include mindfulness, resiliency, self-care, boosting immunity, physical fitness, diabetes prevention and management, and much more.
- Activities include mindful deep breathing and meditation sessions, guided stretching and exercise demonstrations, corporate wellness challenges, tobacco cessation classes, and much more.

Pricing – Continuing Care Services

Wellness Coaches Solution	Pricing
Virtual Coaching Platform	\$1.00 PEPM w/ onsite coaching \$3.00-\$5.00 PEPM w/out onsite coaching
Group Engagement Activities	\$500 per event (included with onsite coaching)
Onsite Wellness Services	
<ul style="list-style-type: none"> • Wellness Coaching • Nutrition Services • Biometric Screenings • Flu Shots 	\$58-\$68/hour* No cost under many health plans \$40-\$45 per screen* \$33 per participant*

**Bulk discounts available*

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